



# CLINICAL SEXOLOGY

*Develop your skills  
in sexology and sexual health!*

Comprehensive 2 year training  
programme for professionals (60 ECTS)  
2018 September - 2020 May

# CLINICAL SEXOLOGY (60 ECTS)

This training programme provides comprehensive and in-depth knowledge and practical skills in clinical sexology. It is designed for professionals working with health and wellbeing like psychologists, medical doctors and therapists.

## TRAINING MODULES



Sexuality, culture, and society



Neurology and pharmacology



Cognition and learning



Therapeutic frameworks



Working with complex sexological problems



Disentangling sexualities



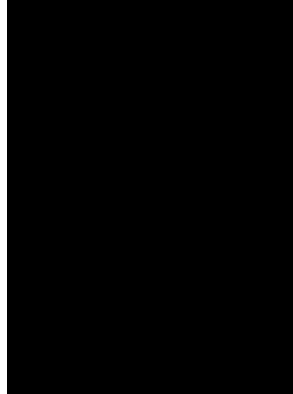
Sexuality related violence and trauma



Therapeutic work in multicultural context



Special needs and dependency



# WHEN?

The programme starts in September 2018. Its duration is 2 years, and it is designed to fit well with working life.

# WHERE?

There are 4 intensive training weeks in Helsinki, Finland. Studies continue online after the intensive periods.

# WHO CAN APPLY

Professionals working with health and wellbeing. The programme requires prior professional knowledge and skills on human sexuality. However, it is possible to apply without any prior expertise on sexology by registering to the preparatory course.



# HOW?

Expert lectures by high-level professionals, practical training, clinical supervision, mentoring by Skype, reading and constructive e-learning.

# PRICING

8000 € + VAT 24%

Includes intensive periods, training materials, online training, clinical supervision and mentoring (60 ECTS = 1600 hours). Travel and accommodation costs are not included.



# TRAINERS



**Tommi Paalanen**  
Doctor of Social Sciences,  
Master of Arts,  
Specialist in Sexual Ethics  
Authorised Sexuality Educator and  
Sexual Health Promoter (NACS)



**Tiina Vilponen**  
Master of Theology,  
Sexuality Counsellor,  
Clinical Sexologist (in training)  
Authorised Sexuality Educator  
and Sexual Health Promoter (NACS)



**Karoliina Vuohtoniemi**  
Head of Training,  
Clinical Supervisor,  
Specialist in Sexological  
Counselling (NACS)

# EXPERT LECTURERS



**Sara Nasserzadeh**  
PhD, Social Psychologist,  
Psychosexual Therapist (COSRT),  
Sexuality Counselor and  
Training Provider (AASECT)



**Elsa Almäs**  
Professor of Sexology  
(University of Agder),  
Specialist in Clinical Psychology,  
Family Therapist IAP,  
Specialist in Clinical Sexology  
(NACS)



**Esben Esther Pirelli Benestad**  
Professor of Sexology  
(University of Agder),  
MD, Family Therapist IAP,  
Specialist in Clinical Sexology  
(NACS)



**Woet Gianotten**  
MD, Senior Lecturer in Medical  
Sexology (emeritus), Erasmus MC  
Lecturer in Gerontosexology,  
Consultant in Oncosexology and  
Rehabilitation Sexology

**Apply for training:**

[www.sexpo.fi/clinicalsexology](http://www.sexpo.fi/clinicalsexology)

Sexpo Foundation is the leading training organisation on sexology in Finland. We have been training new generations of sexologists and sex educators for over 40 years.

Our mission is to promote sexual wellbeing, and to improve everyone's possibilities in leading fulfilling and balanced sex-lives. We work for sexual freedom, equality and realisation of sexual rights, and we believe in building positive and open sexual culture for everyone. **Contact:** [info@sexpo.fi](mailto:info@sexpo.fi)