**Exercise must be properly included in the Government Programme! ― the Finnish Student Sports Federation will follow the Government Programme negotiations on 15 May at the House of the Estates**

**14 May, 2019**

**Press release**

**The Finnish Student Sports Federation (OLL) will follow the Government Programme negotiations with higher education students on Wednesday, 15 May between 8 am and 4 pm. OLL demands that the next Government Programme include issues related to physical well-being on a systematic and comprehensive level. A physically well-being Finland is an aim which we must achieve!**

”Exercise did not receive the attention it deserved in the election debates, although decision-makers are well aware of the high cost of our modern, sedentary lifestyle. The next Government Programme must take account of measures to promote exercise and physical activity on a broad basis. In OLL’s own election panel debate #studentsonthemoveNOW on 13 March, the parties said that they were very much in favour of extending the Finnish Schools on the Move programme or equivalent to higher education institutions during the term of the next Government. It’s time for the parties to practice what they preach,” says **Joonas Suikula**, President of the Finnish Student Sports Federation.

While following the Government Programme negotiations, OLL will arrange short #getoffyourarse exercise sessions at 11 am, 1 pm and 3 pm and various yard games, such as #studentsonthemoveNOW mölkky. The students will also provide coffee and #koulutustaprkl juice.

“Drawing up a Government Programme requires good mental and physical condition from the negotiators. This is why we will offer the negotiators not only our #getoffyourarse and #studentsonthemoveNOW messages, but also energy gels that will keep their performance at the required high level,” continues Suikula.

Welcome to a sporty Government Programme day!

Read about our Government Programme targets: [https://oll.fi/en/parlamentary-elections-2019/](https://oll.fi/eduskuntavaalit/)

#studentsonthemoveNOW

#getoffyourarse

**Finnish Student Sports Federation (OLL)**

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*The Finnish Student Sports Federation (OLL), founded in 1924, is a national advocacy and service organisation working on behalf of Finnish student and higher education sports. OLL is the common representative for all Finnish higher education students. OLL advances student well-being, community, study ability and health through physical activity. OLL's goal is to strengthen sport services and culture at higher education institutions.*